

## **COB-IT: COBIT 5 Foundation Training**

COBIT 5 helps enterprises create optimal value from IT by maintaining a balance between realizing benefits and optimizing risk levels and resource use. The framework addresses both business and IT functional areas across an enterprise and considers the IT-related interests of internal and external stakeholders.

The course covers COBIT's five key principles for governance and management of enterprise IT:

Principle 1: Meeting Stakeholder Needs

Principle 2: Covering the Enterprise End-to- End

Principle 3: Applying a Single, Integrated Framework

Principle 4: Enabling a Holistic Approach

Principle 5: Separating Governance From Management

The COBIT 5 framework describes seven categories of enablers:

- Principles, policies and frameworks are the vehicle to translate the desired behavior into practical guidance for day-to-day management.
- Processes describe an organized set of practices and activities to achieve certain objectives and produce a set of outputs in support of achieving overall IT-related goals.
- Organizational structures are the key decision-making entities in an enterprise.
- Culture, ethics and behavior of individuals and of the enterprise are very often underestimated as a success factor in governance and management activities.
- Information is required for keeping the organization running and well governed, but at the operational level, information is very often the key product of the enterprise itself.
- Services, infrastructure and applications include the infrastructure, technology and applications that provide the enterprise with information technology processing and services.
- People, skills and competencies are required for successful completion of all activities, and for making correct decisions and taking corrective actions.